

Teen Village Packing List

The best way to pack for Teen Village is to bring three bags: one backpacking pack, one daypack, and one small duffel bag. All clothing should be a synthetic polypropylene blend, wool or other wicking material. Cotton can lead to hypothermia, chafing, and mold! A reminder that medications need to be checked in with our Clinic Team and should not be packed in luggage.

Critical Items

- 1 backpacking pack (should be properly fitting and about 55 liters - we would recommend going to an outfitter to get fitted for a backpack)
- 1 sleeping bag 15 - 30 degrees range that packs light and small
- 1 foldable foam or inflatable camping sleeping pad
- 1 pair of high-ankle, waterproof, comfortable hiking boots

Clothing

- 8 - 10 pairs of hiking socks (wool or polypropylene blend, wicking material)
- 12 pairs of underwear (non-cotton required)
- 1 pair of long underwear (polypropylene blend, wicking material)
- 1 warm hat for cold nights
- 1 brimmed hat
- 1 non-cotton pair of gloves for cold weather
- 1 warm, non-cotton, long sleeve fleece
- 1 water-repellent rain jacket with hood (NO PONCHOS)
- 1 pair of water-repellent rainpants
- 6 - 8 pairs of non-cotton shorts
- 3 - 4 pairs of hiking pants (leggings, joggers, or light sweatpants are okay, no cotton please!)
- 8 - 10 t-shirts (non-cotton, wicking material)
- 1 pair of sandals with a back strap (no flip flops)
- 1 swimsuit

Camping Gear

- 1 pair of hiking poles
- 1 mess kit (bowl, fork/knife/spoon, mug)
- 1 two to three-liter water bladder (must bring 1 additional one-liter water bottle if bringing a water bladder) OR 3 one-liter water bottles
- 1 headlamp with extra batteries
- 1 whistle (not built into backpack)
- 2 bottles of sunscreen labeled with first and last name
- Bugspray labeled with first and last name
- 1 small bag for the following toiletries
 - Shampoo
 - Conditioner
 - Body Soap
 - Toothbrush and toothbrush holder
 - Toothpaste
 - Hair brush/comb
 - Deodorant

At Camp Items

- 1 Shabbat outfit (slightly nicer but still camp-appropriate clothing like sundresses, nicer pants, collared shirts, blouses, and skirts)
- 1 pillow and pillowcase
- 1 daypack or small backpack
- 1 towel
- Any other regularly used items from the general packing list