

# EQ Packing List

The temperature at camp allows for shorts and t-shirts during the day (75-90 degrees), but somewhat warmer clothing is needed for the evening (55-70 degrees).

*A reminder that medications need to be checked in with our Clinic Team and should not be packed in luggage.*

## Clothing

- 1 pair of tennis shoes or hiking shoes
- 1 pair of sandals with a back strap
- 2 sets of pajamas (keep in mind it may be cooler or warmer at night)
- 1 sturdy raincoat
- 12 pairs of socks
- 12 pairs of underpants
- 10 t-shirts (tank tops are not permitted for riding)
- 10 pairs of shorts
- 3 - 4 pairs of long pants (sweatpants, athletic pants, joggers, hiking pants, etc.)
- 2 bathing suits
- 2 sweatshirts or warmer sweaters
- 1 warm jacket (something lightweight and wind/water resistant with a hood)
- 1 brimmed hat
- 1 - 2 white cotton items for tie-dye
- 1 - 3 Shabbat outfits (slightly nicer but still camp-appropriate clothing like sundresses, nicer pants, collared shirts, blouses, and skirts)

If your camper regularly uses the following items, bring them:

- Sunglasses
- Belt
- Bathrobe
- Kippot/Tallit

## Camping Gear - all campers will participate in at least 1 overnight camp out

- Sleeping bag
- Flashlight or headlamp
- Daypack or small backpack (a school backpack is fine!)
- Sleeping pad (keep in mind, your camper will use this all through their Ranch Camp journey)

## EQ Specific Items

- 6 - 8 additional pairs of jeans or riding pants (jeans or riding pants MUST be worn for horseback riding)
- 1 pair of riding boots (camp has boots you can borrow if needed)
- 1 riding helmet (your own helmet is preferred, but camp has a limited supply of helmets you can borrow if needed)

## Toiletries

- 2 one-liter water bottles labeled with first and last name
- Sunscreen labeled with first and last name
- Hard-sided or mesh shower caddy to carry toiletries
- Shampoo, conditioner, and other hair products
- Body wash or soap
- Toothbrush and toothbrush holder
- Toothpaste
- Hairbrush or comb
- Lotion
- Chapstick
- Deodorant if needed
- Hair ties if needed

## Linens - all items on this list are mandatory, as required by Colorado State Childcare Licensing laws.

- 2 sets of twin-sized bed sheets (fitted AND flat sheets)
- 2 pillowcases
- 1 blanket or comforter
- 1 bath towel
- 1 pool towel
- 1 mesh laundry bag
- at least 1 pillow

Traveling from out of state? Your camper can borrow linens from us. We'll send you a sign-up email about a month before your camp session starts.

## Optional Items

- Pre-addressed envelopes, stamps, and letter-writing supplies (stamps are not provided by camp)
- Journal and pens
- Disposable camera (optional, please don't bring digital cameras!)
- Books/magazines (no e-readers that connect to the internet or use data )
- Cards and other group games
- Comfort items like stuffed animals or family pictures
- Red, yellow, blue, and green clothing items for Maccabiah
- Bug spray labeled with first and last name