JCC RANCH CAMP

2022 Handbook

WINTER ADDRESS
JCC Denver
350 South Dahlia Street
Denver, CO 80246
303.316.6384

SUMMER ADDRESS
JCC Ranch Camp
21441 North Elbert Road
Elbert, CO 80106
303.648.3800

ranchcamp.org
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Dear Ranch Camp Families,

Shalom and welcome to JCC Ranch Camp! We’re so excited to have you as a part of our family. With all the opportunities of activities to do during the summer, we’re both honored and delighted that you have chosen us as your summer home. Ranch Camp is a place where you can expect interpersonal bonds to get built, be nourished, and, over the years, flourish into lifelong friendships. It’s a place where campers are going to be challenged to build their own social and religious identities, all the while being pushed to defy their physical limits and define who they are as individuals.

A session at Ranch Camp is filled with fun, new experiences, growth, challenges, and more. More importantly, it is a place where every person, no matter who they are, their background, how they identify, or the color of their skin, is held as an equal member of their community. It’s a place where the physical, emotional, and spiritual health of every member of our community is of the utmost importance. It’s a place, most importantly, where campers and staff have the all important right to be included, feel seen, and to both feel and be safe.

This handbook is a great guide on how to help your camper, whether it’s their first or thirteenth summer, be prepared for camp, physically, emotionally, and socially. Coming off a challenging few years living through COVID-19, having camp as a safe social space is more important than ever before. Being prepared to enter that space will help your camper be successful in the camp space, grow as an individual, and make memories that last their lifetimes.

Camp is a place where both campers and staff often say that they are the best versions of themselves. This is something that can only happen when families partner with us to give campers the tools they need to succeed. Please don’t hesitate to share your and your campers’ worlds with us – it will only help us serve you better. If you have questions about content in this handbook, or questions that remain unanswered for you – we are a phone call away. We want nothing more than for your campers to return to you having grown as individuals, with increased confidence, a little dirtier, but fully aware of their own potential to change the world in their own way.

Thank you for being our partners in a community of caring, camaraderie, and cooperation.

B’Shalom,

Ryan Bocchino
Director of Ranch Camp
rbocchino@jccdenver.org
Summer Office: 303.648.3800
Winter Office: 303.316.6384
The mission of the JCC Ranch Camp is to provide a residential camping experience for youth that enables campers, staff, and families to strengthen their Jewish identity, become more caring and responsible members of society, and connect with the natural world through challenging and fun activities. Campers gain knowledge and skills, learn to build friendships, develop community, and build personal confidence.

In fulfilling its mission, the JCC Ranch Camp provides:

- Innovative learning opportunities for children and staff members in an inclusive, Jewish environment that challenges growth in mind, body, and spirit.
- A safe place for children to be cared for by qualified professionals, with a commitment to safety, supervision, customer service, and Judaic programming.
- Opportunities for children and adults to experience a nurturing community based on Jewish values.
JCC Ranch Camp 2022 Dates

Session One
Full Session: Monday, June 13th - Sunday, June 26th
Mini Camp A: Monday, June 13th - Sunday, June 19th
Mini Camp B: Monday, June 20th - Sunday, June 26th

Session Two
Full Session: Wednesday, June 29th - Sunday, July 17th
Mini Camp A: Wednesday, June 29th - Tuesday, July 5th
Mini Camp B: Monday, July 11th - Sunday, July 17th

Session Three
Full Session: Wednesday, July 20th - Sunday, August 7th
Mini Camp A: Wednesday, July 20th - Tuesday, July 26th
Mini Camp B: Monday, August 1st - Sunday, August 7th

Teen Village
Wednesday, July 13th - Sunday, August 7th

In-Training Program (SIT & WIT)
Wednesday, July 20th - Sunday, August 7th

Baktanna & Family Camp
Baktanna: Tuesday, August 9th - Friday, August 12th
Family Camp: Friday, August 12th - Sunday, August 14th

Directions to Ranch Camp
*We recommend Google Maps only. Other GPS apps and devices may not provide accurate guidance.

From I-25
• Take I-25 S to Founders Pkwy (exit for the Outlets at Castle Rock)
• Exit highway and turn left onto HWY 86/Founders Pkwy
• Continue on HWY 86 turning left at the light for HWY 86 (5th Ave)
• Take HWY 86 thru Franktown and Elizabeth.
• Turn right at the stoplight for CR 17 (last light in Elizabeth)
• Continue on CR17/21 until you reach a yield sign
• Turn left at the intersection onto CR 106 (Do NOT take dirt roads! Stay on paved road.)
• Turn right at stop sign onto Elbert Rd
• Continue past the town of Elbert for approximately 3 miles
• Camp will be on your right after the Boy Scout Camp

From Denver on Parker Road
• Take Parker Rd (Hwy 83) to Franktown
• Turn left (east) at the stoplight in Franktown onto HWY 86
• Take HWY 86 thru Elizabeth
• Turn right at the stoplight for CR 17 (Last light in Elizabeth)
• Continue on CR17/21 until you reach a yield sign
• Turn left at the intersection onto CR 106 (Do NOT take dirt roads! Stay on paved road.)
• Turn right at stop sign onto Elbert Rd
• Continue past the town of Elbert for approximately 3 miles
• Camp will be on your right after the Boy Scout Camp

From Colorado Springs
• Take I-25 N to US-24
• Take US-24 east past Falcon
• Go approximately 3 miles, look for a sign on the left for Elbert Rd
• Turn left onto Elbert Rd and continue for approximately 13 miles
• Camp will be on your left

If you’ve passed the Boy Scout camp and/or the town of Elbert, you have gone too far.

Camp Summer Office: 303.648.3800
Camp Email Address: ranchcamp@jccdenver.org
Ranch Camp Middot
At Ranch Camp we practice “seamless Judaism” by weaving Jewish values into the activities and experiences of camp. We focus on four central middot (values) to guide our actions and discussions at camp.

כבוד וחסד | Kavod V’Chesed: Respect and Kindness
We honor and value ourselves and others by being inclusive and accepting. We are considerate of the feelings of others. We treat others as they would like to be treated. We are supportive and compassionate.

קהילה | Kehillah: Community
We build each other up. We laugh together, we play together, we overcome challenges together, we learn together, and we grow together.

תיקון עולם | Tikun Olam: Healing the World
We create a community that makes the world a better place. Together, we can make an impact on the world around us.

הכללה | Hakh’lalla: Inclusion
We welcome everyone. We make sure everyone feels included, seen, and safe no matter where they are coming from, what they look like, or how they identify. We embrace each other no matter what.

Ranch Camp Inclusion Statement
In alignment with our mission, vision, and values, JCC Ranch Camp is committed to the fundamental principles of personal freedom, equality of opportunity, and human dignity. We strive to create a community that welcomes diversity. We invite and engage all those who wish to participate including, but not limited to, people of any: race, ethnicity, religion, age, gender identity and expression, socioeconomic status, sexual orientation, family structure, ability, marital status, culture, and spirituality. We will continually challenge ourselves and others in an environment of mutual concern and respect for the free expression of all individuals. Inclusion permeates our center. Inclusion is belonging.

Transgender and Gender Non-Conforming Inclusion Statement
Ranch Camp shall ensure that all personally identifiable and medical information relating to an individual’s transgender or gender non-conforming status shall be kept confidential in accordance with applicable state, local, and federal privacy laws. All representatives of Ranch Camp, both paid and volunteer, shall not disclose any information that may reveal a camper’s transgender status to others, including other parent/guardians and other camp staff, unless legally required to do so, or unless the camper or staff has authorized such disclosure. All campers have the right to discuss and express their gender identity and expression openly and to decide when, with whom, and how much to share private information. When contacting the parent/guardians of a camper, Ranch Camp staff should use the camper’s legal name and the pronoun corresponding to the camper’s gender assigned at birth unless the camper or parent/guardian has specified otherwise. Every camper has the right to be addressed by a name and pronouns that correspond to their gender identity. Regardless of whether a camper has legally changed their name or gender (or undergone any surgical or hormonal transitions), Ranch Camp will allow such campers to use a chosen name and gender pronouns that reflect their identity. It is recommended that Ranch Camp staff privately ask campers how they want to be addressed at camp and other programs and in the camp’s communication with the camper’s parent/guardians. If the camper or staff has previously been known at Ranch Camp by a different name, Ranch Camp leadership staff will direct Ranch Camp staff to use the person’s chosen name and appropriate pronouns. Campers will be bunked in cabins by their identified gender as indicated on their CampMinder application.

Licensure Abuse Statement
In the event of suspicion of child abuse or neglect of any enrolled children, staff members are required to report this to the director. The director or staff member will, in turn, report the findings to Child Protective Services as required by Colorado state law.
Payment, Cancellations, and Scholarships

Payment Schedule
Registrations are processed with either pay-in-full or a payment plan. All payments must be collected prior to a child attending camp unless you have set up a custom payment plan. In order to be fair to campers on the wait list, space will not be reserved for registered campers after deadlines if fees are not paid in full. Separate deadlines pertain to scholarship applicants. Alternative payment arrangements must be made with our registrar, Allison Marshall, amarshall@jccdenver.org or 303.316.6315.

Changes/Cancellations
To make a change to or cancel your registration you must email our registrar, Allison Marshall, at amarshall@jccdenver.org with the following information: (1) your name, (2) your camper’s full name, and (3) your camper’s registered session and dates. You will receive an email confirmation.

<table>
<thead>
<tr>
<th>Cancellations made between...</th>
<th>Refund Amounts</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 25—March 1</td>
<td>Refund of payments made minus the non-refundable deposit* per camper, per session</td>
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<tr>
<td>March 2—March 31</td>
<td>Refund 75% of payments made minus the non-refundable deposit* per camper, per session</td>
</tr>
<tr>
<td>April 1—April 30</td>
<td>Refund 50% of payments made minus the non-refundable deposit* per camper, per session</td>
</tr>
<tr>
<td>May 1—May 31</td>
<td>Refund 25% of payments made minus the non-refundable deposit* per camper, per session</td>
</tr>
<tr>
<td>After June 1</td>
<td>Not eligible for refund</td>
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*The non-refundable deposit per camper, per session is $250.00 for Ranch Camp
In case of a medical or family emergency, documentation from a physician will be required for a full refund.

Scholarships
We use FAST financial aid services to review and award financial need based scholarships. Please see the deadlines below. If you cannot meet these deadlines, or have any issues with submitting your tax returns, you must contact Allison Marshall directly to make additional arrangements at amarshall@jccdenver.org or 303.316.6315.

<table>
<thead>
<tr>
<th>Scholarship Application &amp; Necessary supporting documentation due to FAST</th>
<th>April 1, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td>Applications reviewed by Scholarship Committee</td>
<td>April</td>
</tr>
<tr>
<td>Families notified about awards</td>
<td>Late April - Early May</td>
</tr>
<tr>
<td>Appeals will be accepted and reviewed</td>
<td>The week after award notifications are sent out.</td>
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</tbody>
</table>
Pre-Summer Communication
Ranch Camp 101 Emails:
About a month before your camper’s first day, you’ll start receiving a series of four emails outlining health and safety at camp, how to talk to your camper about homesickness and bullying, how to start packing for camp, and what to expect from us for summer communications.

Virtual Town Halls and Orientations
We are setting up several Zoom Town Hall meetings and Orientations prior to camp for you and your camper to attend. We’ll have specific meetings for first time campers and parents, campers going on trips, COVID policies, and more! You can find the list of our pre-camp virtual events and RSVP on our website: www.ranchcamp.org/current-families.

COVID Updates and Information
We all have our fingers crossed that COVID won’t play a starring role in summer 2022 and we are still shaping our policies to keep all campers healthy and safe this summer. You can find our COVID vaccine and other COVID related policies on our website: www.ranchcamp.org/covid-22-faq. We’ll also email you all updates as we have them.

Summer Communication
Session Communication
Ranch Camp will try our very hardest to ensure that you receive over the course of a session:

- 100-150 photos of camp posted every-other day to your CampInTouch Account, except for Saturday (Shabbat). Photos are often posted late at night and will be ready to view in the morning. We only have satellite internet at camp, which requires us to travel offsite to upload photos. We appreciate your patience as photos get uploaded during your child’s session.
- Photos from backpacking trips (Toshavim, TASC, Pack n’ Ride & Teen Village) will be uploaded before the end of the camp session. The priority when those campers return to camp is getting them de-gared, cleaned and less smelly.
- 2 Blog Posts each week telling the story of camp - posted on our website and social media pages.
- 4 social media posts per week with the exception of Shabbat.
- 1 “First Time Camper Call” to all first time camper families within the first 72-hours of camp.
- Returned phone calls and/or email within 24-hours at a maximum.
- 1 personalized update about your full session camper and their unit from your camper’s bunk and unit staff.
- Emailed confirmation of your transportation selections before the first and last days of camp.

*We will also contact you throughout the session with other information and whenever there is a need to update you on your camper’s health, behavior, or emotional well-being. Campers are not permitted to make phone calls home unless there is an emergency. Please see page 8 for more information.

Photos
We use CampInTouch to post pictures of your children while they are at camp. This is the same database you used to fill out your camper forms! It is completely free to view the pictures but there is a charge to purchase the pictures online. To access photos, please login to your CampInTouch account and navigate to the “Photos” section.

Email
You can use your CampInTouch account to send one-way emails to your camper. You will need to purchase CampStamps, just like regular stamps, through your online account to use the service. Each day, with the exception of Shabbat, we will print your emails and they will be placed in cabin mailboxes along with letters.

Mail
A steady flow of letters to and from home can help promote your child’s positive feelings about camp and about being away from home. Packing pre-addressed envelopes, stationery, and stamps helps campers more easily send mail during camp. Ranch Camp delivers all outgoing mail to the Elbert Post office daily (except Sundays).

PLEASE SEND MAIL TO:
Child’s Name - c/o JCC Ranch Camp
Cabin #
21441 N. Elbert Road
Elbert, CO 80106

Mail for Tiyulim (Trips) Programs
If your child(ren) are participating in TASC, Teen Village, or Pack ‘n Ride mail is collected at camp for campers while they are away and given to them when they return to camp. We will attempt to do a mail drop for our Teen Village campers.

Packages
Please limit the total number of packages sent to ONE per parent/guardian. Focus on letters and CampInTouch emails. If your camper receives more than one box package per parent/guardian during the session (unless you have received approval) we will notify you and hold the package until the end of camp. You may send non-food items such as games, cards, etc. DO NOT SEND FOOD IN CARE PACKAGES! Food in bunks attracts critters and interferes with our allergen friendly environment and Kashrut supervision.
Camp Forms
See your CampInTouch account for a full and complete list of all forms that **MUST** be completed before the start of camp in order for your camper to attend camp. No camper may come to camp without completed, signed forms.

**All forms are due May 10.**

The information you provide will help us get better acquainted with your family and child. In particular, your Physician’s Form, Health History, and Camper Care Forms will assist our staff in caring for any identified needs your child may have. Feel free to arrange a meeting with our team prior to camp to discuss specific dietary restrictions, and physical or mental health-related needs.

JCC Camper Care Survey
A priority for Ranch Camp is collaborating with families to make the camping experience as successful as possible for your camper. Each unit has a dedicated Camper Care staff who is responsible for communicating with families about the physical, social, and emotional needs of campers.

Please take the time to complete the Camper Care Questionnaire forms. This is especially valuable when a child has identified needs or there has been a recent disruption in family life. Please be assured we only have the best interests of your child in mind, and we cannot help if we do not have background information. Discussions with the camp staff will remain confidential.

Health History & Physician Forms
Please fill out these forms completely and accurately. Our Camper Care and Clinic staff read through every form for daily medicines, dosages, times, etc. We may call you to verify accuracy and to work with you to adjust your child’s normal routine to a camp setting.

Health Insurance
Ranch Camp does not provide camper insurance. Each child must have personal health insurance. Camper medical costs incurred during the summer including prescriptions, doctors’ visits or hospital bills, will be charged to the parents and their insurance. Insurance information is requested on the Health History form. If you currently have no insurance or don’t want to use your insurance for medical issues, you must sign a medical liability release waiver that holds you responsible for all medical charges incurred over the summer. If you need a copy to sign, please call our office prior to camp.

Pick-Up Authorization and Emergency Contacts
Please complete Pick-Up Authorization form and the Emergency Contacts section in your camper application. In the event of an emergency, all efforts will be made to contact the parent/guardians of the camper. If we are unable to contact the parent/guardians, we will then try to contact the Emergency Contacts which you have provided. Please make sure to include the names, relationships, and phone numbers of people to whom you give permission for us to contact in the event that you are not available.

**Someone who is NOT listed on the Pick-Up Authorization form will not be able to pick up your child in the event of an emergency.**

Immunization Requirements
Colorado law requires all participants attending Colorado licensed child care to be vaccinated against certain diseases, unless a medical exemption is filed. As a Colorado state licensed child care facility, we require that all participants attending JCC Denver programs be up to date with their vaccinations as outlined by Colorado state law. All participants and staff members are required to submit their immunization records prior to the start date of their specific program(s). As a private organization, JCC Denver is not required to recognize religious or personal exemptions. JCC Denver bases this decision on the responsibility to protect all children and adults associated with JCC Denver from infections that can be prevented or ameliorated by immunizations.

With health and safety at the top of mind, all campers and staff will be required to be up-to-date on COVID vaccines to attend or work at Ranch Camp for the 2022 summer season. While we will allow medical exemptions, we strongly encourage you to work with your medical provider to exercise this exemption only if absolutely necessary. Up to date means a person has received all recommended doses in their primary series COVID-19 vaccine, and a booster dose when eligible. We are following the current recommendations from the CDC which can be found on their website.

Consent to Treat
The Consent to Treat form allows Ranch Camp staff to provide, seek, and consent to routine health care, administration of prescribed medications, and emergency treatment for my child, as may be necessary, including, but not limited to x-rays, routine tests and treatment, and/or hospitalization. It also gives permission for Ranch Camp to arrange related transportation and release of any records necessary for treatment, referral, billing, or insurance purposes.

Transportation To and From Camp
Getting to Camp By Car
For summer 2022, all in-state families will arrive and depart camp by car. If feasible, out of state families can arrive and depart by car as well. Arrival and departure windows on the first and last days of camp will be between 9:00 AM MST and 12:00 PM MST. Exact arrival and departure windows will be emailed out about one week before your camper’s arrival/departure. You can find driving directions to camp on page 2 of the Parent Handbook.

There will be no buses to or from camp for summer 2022.

Getting to Camp By Plane—Out of State Families
If you are flying to camp, we can pick your camper up and drop them off directly at their gate - we coordinate a team of staff members to transport campers to and from the airport. We ask that you help us by booking a flight that lands/departs from the Denver International Airport between 9:30 am MST and 12:30 pm MST - or as close to that window as possible. We will reach out to confirm your flight information and give you the contact information for your airport staff member about a week before camp starts.

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Behavioral Health & Inclusion
Ranch Camp is a place where ALL campers in our care can feel safe, nurtured, and accepted. We do our best to support the individual needs of our campers while providing a safe, healthy, inclusive social environment for the greater camp community. Core to our mission, Ranch Camp welcomes many campers with identified needs, so long as we are able to support them and provide the appropriate level of care without compromising the safety and well-being of them or their peers. If your child has learning, cognitive, and/or behavioral differences or identified needs, please contact us prior to your camper’s enrollment, so that we can determine whether we are able to provide the necessary resources and accommodations to support your campers.

Formal Intake Calls
If you indicate that your camper have identified needs or needs additional mental health support on your camp application, the Ranch Camp team will reach out to you prior to the start of camp to schedule a formal intake call. These intake calls allow our staff to create and implement custom care plans to set you camper up for success during the summer and provide them with the necessary support to have an incredible summer experience. All information shared during these intake calls is only shared with relevant staff members and otherwise kept confidential.

All camp staff are trained in the most current inclusive behavior practices, and for campers with higher needs, Ranch Camp has Camper Care and Inclusion staff that are trained and supported by camp social workers and psychologists.

Behavior Expectations

Camper Conduct Agreement
Ranch Camp is my, and other children’s, home for the summer and I agree to make it a safe place. For the benefit of other campers, the staff, and myself, I agree to conduct my behavior in the following ways:

- I will respect myself and others.
- I will listen to others including staff and fellow JCC participants.
- I will control my own behavior and use appropriate language.
- I will not cause physical or emotional harm to other participants or staff. I will follow the program rules.
- I will respect the environment, program equipment, property, and other participants’ belongings.
- I will wear appropriate clothing and footwear for all program activities.
- I will not possess or use alcohol, tobacco, illegal substances, marijuana, or any other paraphernalia.
- I will not possess or bring weapons of any shape or size. I will not engage in or threaten abuse (physical, verbal, or emotional) of any kind.

Family Conduct Agreement
JCC has the right to suspend and/or terminate a family’s ELS, camp, or program agreement due to disorderly, disruptive, or abusive conduct, illegal activities, or failure to abide by the individual program or Center’s policies, rules, and regulations.

This suspension or termination is extended to a student’s or camper’s behavior or parent/family member’s conduct leading to a breach of any provision of this Agreement, including failure to make any payment when due. Without limiting the foregoing, JCC shall have the right to suspend and/or terminate this Agreement if a student, camper, or parent/family member make disparaging statements (whether orally or in writing) about the business or operations of JCC or commences, threatens, organizes, or participates in (a) legal proceedings against JCC, its owner, or its operator, or (b) a picket, boycott, strike, or similar act against JCC. The JCC will provide a 30-day written notice to suspend and/or terminate a family’s school or camp contract unless conduct necessitates immediate termination of their contract. For families in the ELS, families are required to pay out a 30-day notice if their contract is suspended or terminated. Furthermore, for all programs, any tuition processed for the month or upcoming ELS, camp, or program will not be eligible for a refund.
**Health and Wellness**

**Medical and Dental Needs**
Ranch Camp has an on-site medical staff consisting of a Registered Nurse and an EMT, with a pediatrician available by phone at all times. Should your child need to see a doctor or specialist outside of camp, our Camper Care and Clinic staff will discuss the options with you prior to taking your child to a provider.

If we need to call EMS we may not be able to reach you until your child is on the way to a hospital.

For non-emergency dental or orthodontic issues (i.e. lost filling, chipped tooth, broken/loose bracket), we will contact you to discuss options available for dental care.

**Prescription or Regularly Taken OTC Medications**
- All prescription & regularly taken OTC medications must be turned in to the Clinic Staff by parent/guardians on the first day of camp.
- All medications must be in original packaging (do not “pre-package” yourself OR put medications in mixed bottles or bags) and the dosage MUST match the dosage listed on your Physician’s Form.
- We cannot administer medications that are not listed on your Physician’s Form until we receive written consent from your doctor.
- Please contact our office pre-summer if your child will be taking growth hormone, using insulin injections, or other refrigerated medications so we can bring coolers and/or develop care plans.
- As-needed OTC Medication
  - We carry the majority of OTC medications (cold/sinus, allergy, etc). See a complete list in the “Health History” form. If your child takes an OTC medication “as needed” please list this on your Physician’s form.
  - If we carry the medication you do NOT need to bring this – we will provide all “as needed” medications on our list.
- Asthma & Epipens
  - Asthmatics and campers using Epipens must bring two inhalers/epi-pens (new, original packaging) – one will be kept as a back-up in our Health Clinic.

**Health & Wellness Communication**
Camper Care will be in contact with parent/guardians regarding the physical, social, and emotional needs of campers on an as-needed basis, when campers are struggling to overcome challenges, or in the event that your child needs to go to an urgent care or hospital.

Camper Care staff will be in touch if camper*...
- Is struggling to overcome challenges outside of a normal time frame (i.e. homesickness)
- Is struggling to overcome social/emotional challenges outside of a normal time frame
- Is unable to follow the rules outlined in the Behavior Contract
- Is causing harm to self, others, or the space around them
- Has to spend the night in the Health Clinic or needs to be taken home to recover
- Needs to be seen by a healthcare professional outside of camp
- Requires a new prescription medication while at camp
- Is a “frequent visitor” to our Health Clinic

*Parent/guardians will not be contacted for minor physical or emotional health issues, such as scrapes, small abrasions, non-repetitive headaches, stomachaches, normal levels of homesickness, etc.

IF Camper Care staff is unable to reach you, they will leave a voicemail. All contact, successful & unsuccessful, is documented in the camper’s profile and in the daily health log.

**Contagious or Prolonged Illness**
If a camper is diagnosed with a contagious condition, such as pink eye or strep throat, they will remain isolated from the rest of camp for the first 24-hours that they are on antibiotics. Campers will be housed in our clinic during this time period.

If a camper has a prolonged illness resulting in them having to spend three consecutive nights in the clinic, we will work with parent/guardians to determine the best course of action. It is recommended that local campers go home to rest and recuperate in an attempt to get better faster and rejoin camp activities with their peers. Any camper that arrives with eggs, nits, or lice will be sent home and can return after lice-free for 24-hours. We will work with out-of-town families to discuss options.

**Emergencies**
In the event of an emergency please call the Summer Office, 303.648.3800. If you are unable to reach us in the office, call the Camp Emergency Number, 914.400.7621.

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**Summer 2022 COVID Policies**

With health and safety at the top of mind, all campers and staff will be required to be up-to-date on COVID vaccines to attend or work at Ranch Camp for the 2022 summer season. While we will allow medical exemptions, we strongly encourage you to work with your medical provider to exercise this exemption only if absolutely necessary. Up to date means a person has received all recommended doses in their primary series COVID-19 vaccine, and a booster dose when eligible. We are following the current recommendations from the CDC which can be found on their website.

With the rapidity and need to adapt policy to current global, state and local needs, COVID-related practices for summer 2022 will be posted on our website: [https://www.ranchcamp.org/covid-22-faq/](https://www.ranchcamp.org/covid-22-faq/)
Daily Camp Life

Activities at Camp
We do our best to get campers to all of our activity offerings multiple times during the course of their session. We are a “challenge by choice” program, which means that while we encourage campers to try all the activities, they are not pushed to participate in activities that they do not want to do.

During a Traditional Session (Sessions 1 & 3), we attempt to schedule all Ranch Program campers at least twice for each activity during their session, and two-three times at the corral during their session.

During a Track Session (Session 2), 3rd-8th graders in a full session will select a track (Sports, Outdoor Adventure, Creative Arts, Beginner Horsemanship*) where they will focus on this specific area for a session. Campers in tracks will go to the corral once during their session. Mini Campers will still participate in a traditional session.

(*Beginner Horsemanship for 4th-6th graders)

Here is a list of many, but not all, of the activities offered at camp:
- Archery
- Arts & Design
- Court & Field Sports
- Hiking
- Horseback Riding
- Israeli Culture & Judaics
- Low & High Ropes Course
- Mountain Biking (5th & older)
- Music
- Onsite Campouts (All Campers)
- Offsite Trips (6th & older)
- Rikkud (Dance)
- STEM
- Swimming (onsite pool!)
- Teva Farm & Garden
- Theatre & Drama
- Tie Dye

Activity Limitations
Inclement weather during the session can require that some activity periods are cancelled. We will reschedule cabin groups for certain activities such as horseback riding, archery, pool, and ropes course, if time and schedule allow.

Please note that Mini and Baktanna Campers are scheduled at least once for all activities that they are eligible to participate in. These programs are a “taste of camp” experience and the short time frame does not often allow for campers to get to do many of the activities more than once.

Sample Daily Schedule

Morning
7:45 am  Degel (flagpole)
7:55 am  Breakfast
8:35 am  Cabin Clean Up
9:05 am – 10:15 am  Activity 1
10:30 am – 11:40 am  Activity 2
11:55 am – 1:05 pm  Activity 3

Afternoon
1:15 pm  Lunch
2:00 pm – 3:00 pm  Menucha (rest hour)
3:10 pm  Gather in Commons
3:30 pm – 4:30 pm  Chug 1 (Week-long elective)
4:40 pm  Snack
4:50 pm – 5:50 pm  Chug 2 (Daily choice activity)

Evening
5:50 pm – 6:10 pm  Cabin Time
6:15 pm  Dinner
6:55 pm – 7:15 pm  Transition to Evening Program
7:15 pm – 8:30 pm  Evening Program
8:30 pm  Siyyum (evening Circle)
9:00 pm  Cabin Ritual and Lila Tov (goodnight)

Special Program Days

Maccabiah
Maccabiah is an all day all camp color war! Campers are divided into 4 teams and take part in various competitive events and relay races all day.

4th of July
4th of July at camp is an action packed carnival style day. Campers get to swim, play water kickball, get face paint, jump in bouncy houses, dunk a staff member, dress up like fireworks, and do course cotton candy and popcorn.

Mayhem Day
Mayhem Day is an all day camp activity where campers who aren’t at camp for the 4th of July get to experience the fun of the carnival.

Yom International
On Yom International, our international staff get the opportunity to run stations that show case the culture and activities from their home country. Every year staff joins us from Israel, South America, Europe, Africa, and Australia. Campers get to learn about multiple different cultures on Yom International.
**Frequently Asked Questions**

**Allergies**
We are able to accommodate most food allergies and restrictions. If your camper has specific dietary needs, please contact us prior to camp via phone or email so that we can discuss our allergen friendly food options.

**Bar/Bat Mitzvah Support**
*Please email us to let us know if your camper needs Bar/Bat Mitzvah support.* A trained staff member will meet with campers twice during their session, reviewing any study material that they have brought with them to camp and making sure that they stay on-track in their studies while at camp. Personal music devices can be used for studying and will be kept in the office.

**Birthdays**
At Ranch Camp, every birthday is a special day. We have our own way of celebrating within our camp community including a decorated cabin, birthday treats for the cabin and a camp-wide birthday song. We will send you birthday photos of your camper! We encourage parents to send packages with decorations and/or party favors for the cabin to help celebrate (generally 6-12 bunkmates.) The very best birthday packages can be enjoyed by everyone in the bunk!

**Bunkmate Requests**
We do our best to accommodate everyone. Due to various cabin sizes, we cannot guarantee bunking requests. You can request bunkmates in your camper applications. We try to honor old friendships, encourage new ones, and create a community in which all can be happy. If you have a particular concern, please email us or call our office.

**Glasses and Contacts**
If your child wears glasses or contacts, it is extremely important that they bring an extra pair to camp.

**Kashrut**
The JCC Ranch Camp is a Kosher facility. We maintain a supervised Kosher kitchen (not Vaad supervised), and monitor all foods campers eat while at camp. Our mashgiach visits our site regularly to ensure standards are met.

**Laundry**
Campers’ laundry will be done once during full sessions. No laundry will be done during Mini Sessions or Baktanna and limited laundry will be offered to TASC, Pack n’ Ride, and Teen Village due to their shortened time onsite. All laundry is done on the premises by a trained staff member.

**Lost & Found**
Lost & Found is displayed at camp throughout each session and before campers leave each session. The BEST way to ensure lost items are returned is to label your clothing with your campers’ FIRST INITIAL AND FULL LAST NAME. After the end of the session, unclaimed Lost & Found items will be brought to the Denver JCC. All items not claimed will be donated to a community organization.

**Mental Health**
We actively work to make sure that all community members are welcome and successful at camp no matter their identified needs. Please see our Behavioral Health & Inclusion statement on page 7 for more information. If you would like to talk about your campers needs or have any questions please reach out to us via email or phone.

**Ranch Camp Clothing**
Your camper will receive one complimentary short-sleeved camp T-shirt.

**Religious Services**
Services are held at camp in observance of Shabbat on Friday night and Saturday morning, and Havdalah on Saturday evening. They are run by campers and staff, and are inclusive. Ranch Camp is committed to being a home for all Jews, and for those who are willing to respect and support the Jewish faith and people. Ranch Camp provides an environment where campers and staff can observe Shabbat according to their own traditions but we are not Shomer Shabbat as a community.

**Security**
During camp sessions, Ranch Camp is patrolled by at least one armed security guard 24 hours every day. Our entrances are monitored. We maintain a good relationship with our neighbors and county law enforcement. Security related policies, procedures, and infrastructure is implemented according to the recommendations of Department of Homeland Security, the Anti-Defamation League, and JCC Association, in partnership with BOSS security. Please contact us if you have questions or concerns around security at Ranch Camp.

**Tipping**
Jewish ethics teaches that “a mitzvah is its own reward” (Pirkei Avot 4:7). In keeping with our heritage and the guidelines of the American Camp Association (ACA), gratuities are not accepted by our staff. A short note or verbal thank you is the best form of appreciation or, if you would like, you may make a donation in someone’s honor to our Staff Appreciation Fund or Camper Scholarship Fund. Please be sure to notify the director about exceptional staff members.

**Valuables (Electronics, money, etc.)**
*Ranch Camp is not responsible for lost or damaged personal property. No cell phones or electronics are permitted at camp.* It is unnecessary for your child to bring money to camp. Camp provides all meals and snacks when campers are on-site and off-site on trips. Any electronic items will be held for safe keeping if found, and delivered back to campers at the end of the session.

Camps traveling by airplane can give their electronics and money to their counselor to be stored in the safe until the end of their session. Please make sure that all items are clearly labeled with the camper’s first and last name.

**Visitation**
There are no visiting days during camp sessions. This policy is in place because parent visitations prove to be not only incredibly disruptive to the camper experience, but also tend to create or intensify homesickness. If you wish to visit Ranch Camp, we welcome you to do so during a time that your child is not attending camp. To schedule a tour of camp, or learn more about our Open House events, contact us at 303.316.6384 (Winter Office number).

**Phone Calls Home**
Campers are not permitted to call home during their time at camp with the exception of emergency situations. Like visitation, phone calls home are disruptive to the camper experience and can create or intensify homesickness.
Packing For Camp
Label Clothing and Equipment
Please label each item with the camper’s FIRST INITIAL AND FULL LAST NAME (even on socks and underwear!). Initials are not sufficient to enable us to return items to campers. The best luggage is a large, top-open duffel bag or trunk. Most items will be unpacked onto shelf space in the cabin. Extra items can be kept in their bags stored under their bed.

Please make sure your camper helps pack so they feel comfortable knowing what they have and where everything is located.

Critical Items:
These items are CRITICAL for your child to have a safe and enjoyable summer:
- Two water bottles
- Sunscreen (MUST be labeled with first and last names)
- Brimmed hat
- Closed-toe shoes and clothes for active programming

A Few Items NOT to Bring:
There are items that can cause environmental or behavioral problems at camp, and those that are not allowed due to licensing. Please read this list carefully and ensure that NONE of these items make it into your child’s luggage. We really need your help on this issue to make certain that the camp has a fun, safe, and clean environment.
- Food!
- Money (other than for plane travel)
- Cell phones, electronic games, e-readers, and iPods (other than for air travel or bar/bat mitzvah studies)
- Silly string
- Weapons of any shape or size, including knives
- Roller blades and/or skateboards
- Clothing that advertises alcohol, sex, drugs, or cigarettes is unsuitable dress for our camp community

*Digital Cameras are allowed, though not recommended. While campers can bring digital campers, Ranch Camp is not responsible for any loss or damage.
General Packing List

NOTE: EQ and Trips (8th Ranch, TASC, Teen Village, Pack ‘n Ride) campers need to refer to additional packing lists on pages 12-14. 7th grade Ranch does NOT need additional trip items, just the camping gear listed below.

This packing list is designed for campers who will be attending a 19-day Ranch Camp session. Session 1 campers can bring reduced amounts of clothing. Mini Camp & Baktanna - please see program specific packing lists on pages 15 & 16. Please call the office if you have any questions about what or how much to pack.

Note: The temperature at camp allows for shorts and t-shirts during the day (75-90 degrees), but somewhat warmer clothing is needed for the evening (55-70 degrees).

Clothing

☐ One pair of tennis shoes or hiking boots
☐ One pair of sandals
☐ Two pairs of warm pajamas
☐ One raincoat or poncho
☐ 12 pairs of socks
☐ 12 pairs of underpants
☐ 10 t-shirts
☐ Five pairs of jeans or long pants
☐ One – Two bathing suits (Should be suits that will stay secure.)
☐ Two sweatshirts/flannel shirts/sweaters
☐ One pair of sweatpants
☐ One warm jacket (A lightweight but wind and water resistant jacket with a hood is best.)
☐ One brimmed hat (Very important item!)
☐ One – Two white cotton items for tie-dye (i.e. shirt, pillowcase, etc.)
☐ Red, yellow, blue, and green clothing for Maccabiah (an all-camp color competition)
☐ One – Two Shabbat outfits*

*Shabbat outfits should be slightly nicer but still camp appropriate clothing. Sundresses, skirts, and sandals are popular, as are slacks with collared shirts.

Toiletries, etc.

☐ Two water bottles (Must be labeled with first AND last name!)
☐ Sunscreen (Must be labeled with first AND last name!)
☐ Bug spray (Must be labeled with first AND last name!)
☐ Bucket or bag to carry toiletries to the washhouse
☐ Shampoo/conditioner
☐ Toothbrush and container
☐ Toothpaste
☐ Hairbrush/comb

Camping Gear

Trip Programs - See trips specific packing lists on pages 12-14
☐ Sleeping bag
☐ Sleeping pad
☐ Flashlight
☐ Day-pack to carry items during the day and on campouts (i.e. school backpack)

Optional

☐ Camera (Disposable cameras are ideal. Digital cameras not recommended for camp.)
☐ Fanny pack to carry inhalers, epipens, etc.
☐ Books/magazines
☐ Belt
☐ Riding boots (The corral has boots that campers can use.)
☐ Bathrobe
☐ Long underwear
☐ Sunglasses
☐ Musical instruments (Within reason—call if you have questions.)
☐ Cards
☐ Costumes (For skits in the talent show!)
☐ Stuffed animals
☐ Kippot/Tallit

Linens **

REQUIRED by state law. All children must bring the linens listed.

Camper may not sleep in sleeping bags except for campouts.

☐ Two sets of bed sheets
☐ Two pillowcases
☐ One blanket or lightweight comforter
☐ One bath towel
☐ One wash cloth/hand towel
☐ One pool towel
☐ One laundry bag
☐ One pillow

**If you are traveling from out-of-state and would like to use Ranch Camp linens, please contact the office. An email will be sent to out-of-state families prior to camp for camp linens sign up.
Mini Camp Packing List
Note: The temperature at camp allows for shorts and t-shirts during the day (75-90 degrees), but somewhat warmer clothing is needed for the evening (55-70 degrees).

Clothing
- One pair of tennis shoes or hiking boots
- One pair of sandals
- One pair of warm pajamas
- One raincoat or poncho
- Seven pairs of socks
- Seven pairs of underpants
- Seven t-shirts
- Two pairs of jeans or long pants
- Three pairs of shorts
- One bathing suit
  (Should be suits that will stay secure)
- One sweatshirt/flannel shirt/sweater
- One pair of sweatpants
- One warm jacket (A lightweight but wind and water resistant jacket with a hood is best.)
- One brimmed hat (Very important item)
- One white cotton item for tie-dye (i.e. shirt, pillowcase, etc.)
- One Shabbat outfit*

*Shabbat outfits should be slightly nicer but still camp appropriate clothing. Sundresses, skirts, and sandals are popular, as are slacks with collared shirts.

Linens**
REQUIRED by state law. All children must bring the linens listed. Campers may not sleep in sleeping bags except for campouts.
- One set of bed sheets
- One pillowcase
- One blanket or lightweight comforter
- One bath towel
- One wash cloth/hand towel
- One pool towel
- One laundry bag
- One pillow

**If you are traveling from out-of-state and would like to use Ranch Camp linens, please contact the office. An email will be sent to out-of-state families prior to camp for camp linens sign up.

Toiletries, etc.
- Two water bottles (Must be labeled with first AND last name)
- Sunscreen (Must be labeled with first AND last name!)
- Bug spray (Must be labeled with first AND last name)
- Bucket or bag to carry toiletries to the washhouse
- Shampoo/conditioner
- Toothbrush and container
- Toothpaste
- Hairbrush/comb

Camping Gear
- Sleeping bag
- Sleeping pad
- Flashlight
- Day-pack to carry items during the day and on campouts (i.e. school backpack)

Optional
- Camera (Disposable cameras are ideal.
  Digital cameras not recommended for camp.)
- Fanny pack to carry inhalers, epipens, etc.
- Books/magazines
- Belt
- Riding boots (The corral has boots that campers can use.)
- Bathrobe
- Long underwear
- Sunglasses
- Musical instruments (Within reason—call if you have questions.)
- Cards
- Costumes (For skits in the talent show!)
- Stuffed animals
- Kippot/Tallit
**Baktanna Packing List**

Note: The temperature at camp allows for shorts and t-shirts during the day (75-90 degrees), but somewhat warmer clothing is needed for the evening (55-70 degrees).

**Clothing**
- One pair of tennis shoes or hiking boots
- One pair of sandals
- One pair of warm pajamas
- One raincoat or poncho
- Four pairs of socks
- Four pairs of underpants
- Four t-shirts
- One pair of jeans or long pants
- Two pairs of shorts
- One bathing suit
  (Should be suits that will stay secure.)
- One sweatshirt/flannel shirt/sweater
- One pair of sweatpants
- One warm jacket (A lightweight but wind and water resistant jacket with a hood is best.)
- One brimmed hat (Very important item)
- One white cotton item for tie-dye (i.e. shirt, pillowcase, etc.)
- One Shabbat outfit* (ONLY IF ATTENDING FAMILY CAMP)

*For campers attending Family Camp—Shabbat outfits should be slightly nicer but still camp appropriate clothing. Sundresses, skirts, and sandals are popular, as are slacks with collared shirts.

**Linens**

REQUIRED by state law. All children must bring the linens listed. Campers may not sleep in sleeping bags in the cabin.
- One set of bed sheets
- One pillowcase
- One blanket or lightweight comforter
- One bath towel
- One wash cloth/hand towel
- One pool towel
- One laundry bag
- One pillow

**Toiletries, etc.**
- Two water bottles (Must be labeled with first AND last name)
- Sunscreen (Must be labeled with first AND last name!)
- Bug spray (Must be labeled with first AND last name)
- Bucket or bag to carry toiletries to the washhouse
- Shampoo/conditioner
- Toothbrush and container
- Toothpaste

**Camping Gear**
- Flashlight
- Day-pack to carry items during the day (i.e. school backpack)

**Optional**
- Camera (Disposable cameras are ideal. Digital cameras not recommended for camp.)
- Fanny pack to carry inhalers, epipens, etc.
- Books/magazines
- Belt
- Riding boots (The corral has boots that campers can use.)
- Bathrobe
- Long underwear
- Sunglasses
- Musical instruments (Within reason—call if you have questions.)
- Cards
- Costumes (For skits in the talent show!)
- Stuffed animals
- Kippot/Tallit

**If you are traveling from out-of-state and would like to use Ranch Camp linens, please contact the office. An email will be sent to out-of-state families prior to camp for camp linens sign up.**
**EQ Additional Packing List**

This is the EQ Additional Packing List. Some of these items may overlap with the General Packing List. These items should be brought in addition to what is on the General Packing List.

<table>
<thead>
<tr>
<th>Item</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Riding Helmet (OPTIONAL)</td>
<td>Camp will provide, but you are welcome to bring your own.</td>
</tr>
<tr>
<td>Extra Jeans</td>
<td>EQers are required to wear jeans daily. Please bring 3-4 extra pairs.</td>
</tr>
<tr>
<td>Riding Boots</td>
<td>Camp will provide, but you are welcome to bring your own.</td>
</tr>
<tr>
<td>T-Shirts</td>
<td>EQers are required to wear t-shirts with sleeves or long sleeve shirts.</td>
</tr>
<tr>
<td>Hat</td>
<td>This is critical due to limited shade at the EQ arena.</td>
</tr>
<tr>
<td>Sunscreen</td>
<td>Must be labeled with first AND last name. Limited shade at the EQ arena.</td>
</tr>
<tr>
<td>Bug spray</td>
<td>Must be labeled with first AND last name.</td>
</tr>
</tbody>
</table>

**Pack n’ Ride Trip Packing List**

This is the Pack n’ Ride specific Packing List. Some of these items may overlap with the General Packing List. These items should be brought in

<table>
<thead>
<tr>
<th>CRITICAL ITEMS Item</th>
<th>Amount</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sleeping Bag</td>
<td>One</td>
<td>15-30°F range. Packs light and small.</td>
</tr>
<tr>
<td>Sleeping Pad</td>
<td>One</td>
<td>Foam or inflatable.</td>
</tr>
<tr>
<td>Jeans</td>
<td>Three pairs</td>
<td>Riding jeans.</td>
</tr>
<tr>
<td>Riding Boots</td>
<td>One pair</td>
<td>Broken in and comfortable.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Clothing Items Item</th>
<th>Amount</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Riding Helmet (OPTIONAL)</td>
<td>One</td>
<td>Camp will provide, but you are welcome to bring your own.</td>
</tr>
<tr>
<td>Hiking Boots</td>
<td>One pair</td>
<td>High-ankle, waterproof/Gore-Tex, comfortable, broken-in.</td>
</tr>
<tr>
<td>Riding Socks</td>
<td>Six pairs</td>
<td>Wool or polypropylene blend, wicking material, tall enough to prevent blistering from riding boots.</td>
</tr>
<tr>
<td>Warm socks</td>
<td>One-Two pairs</td>
<td>For cold nights.</td>
</tr>
<tr>
<td>Underwear</td>
<td>Eight pairs</td>
<td>Non-cotton material recommended.</td>
</tr>
<tr>
<td>Long Underwear</td>
<td>One set</td>
<td>Polypropylene, wicking material.</td>
</tr>
<tr>
<td>Warm Hat</td>
<td>One</td>
<td>Beanie that covers ears.</td>
</tr>
<tr>
<td>Brimmed Hat</td>
<td>One</td>
<td>Bucket or ball cap.</td>
</tr>
<tr>
<td></td>
<td>One pair – non-cotton</td>
<td></td>
</tr>
<tr>
<td>Fleece</td>
<td>One</td>
<td>Warm, non-cotton, long sleeve.</td>
</tr>
<tr>
<td>Rain Jacket</td>
<td>One</td>
<td>Water repellent. NO PONCHOS.</td>
</tr>
<tr>
<td>Shorts</td>
<td>Two pairs</td>
<td>Non-cotton. Longer shorts required.</td>
</tr>
<tr>
<td>Pants</td>
<td>Four pairs</td>
<td>Three pairs of jeans, One pair of comfortable pants for evenings.</td>
</tr>
<tr>
<td>T-Shirts</td>
<td>Four shirts</td>
<td>Non-cotton, wicking material.</td>
</tr>
<tr>
<td>Sandals</td>
<td>One pair</td>
<td>i.e. Chacos, Tevas, or Crocs. No flip flops!</td>
</tr>
<tr>
<td>Swimsuit</td>
<td>One</td>
<td>Suits that will stay secure.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Camping Gear Item</th>
<th>Amount</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mess Kit</td>
<td>One</td>
<td>Standard mess kit. Mug recommended.</td>
</tr>
<tr>
<td>Water bottles</td>
<td>Three liters water storage</td>
<td>Three liters of water storage required. Camelbaks recommended.</td>
</tr>
<tr>
<td>Headlamp</td>
<td>One</td>
<td>Bring extra batteries in Ziploc bag.</td>
</tr>
<tr>
<td>Sunscreen</td>
<td>A lot</td>
<td>Must be labeled with first AND last name.</td>
</tr>
<tr>
<td>Bug Spray</td>
<td>One</td>
<td>Must be labeled with first AND last name.</td>
</tr>
</tbody>
</table>
### 8th Grade and T.A.S.C. Packing List

This is the Trips specific Packing List. Some of these items may overlap with the General Packing List. These items should be brought in addition to what is on the General Packing List.

#### CRITICAL ITEMS

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Backpack Pack</td>
<td>One</td>
<td>Proper fitting, 55 liter pack.</td>
</tr>
<tr>
<td>Sleeping Bag</td>
<td>One</td>
<td>15-30°F range. Packs light and small.</td>
</tr>
<tr>
<td>Sleeping Pad</td>
<td>One</td>
<td>Foam or inflatable.</td>
</tr>
<tr>
<td>Hiking Boots</td>
<td>One pair</td>
<td>High-ankle, waterproof/Gore-Tex, comfortable, broken-in.</td>
</tr>
</tbody>
</table>

#### Clothing Items

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hiking Socks</td>
<td>8th – Five pairs&lt;br&gt;TASC – Six pairs</td>
<td>Wool or polypropylene blend, wicking material.</td>
</tr>
<tr>
<td>Underwear</td>
<td>8th – Five pairs&lt;br&gt;TASC – Eight pairs</td>
<td>Non-cotton material recommended.</td>
</tr>
<tr>
<td>Long Underwear</td>
<td>One set</td>
<td>Polypropylene, wicking material.</td>
</tr>
<tr>
<td>Warm Hat</td>
<td>One</td>
<td>Beanie that covers ears.</td>
</tr>
<tr>
<td>Brimmed Hat</td>
<td>One</td>
<td>Bucket or ball cap.</td>
</tr>
<tr>
<td>Gloves</td>
<td>One pair</td>
<td>Non-cotton.</td>
</tr>
<tr>
<td>Fleece</td>
<td>One</td>
<td>Warm, non-cotton, long sleeve.</td>
</tr>
<tr>
<td>Rain Jacket</td>
<td>One</td>
<td>Water repellent. NO PONCHOS.</td>
</tr>
<tr>
<td>Rain Pants</td>
<td>One</td>
<td>Water repellent.</td>
</tr>
<tr>
<td>Shorts</td>
<td>8th – One pair&lt;br&gt;TASC – Three pairs</td>
<td>Non-cotton. Longer shorts required.</td>
</tr>
<tr>
<td>Pants</td>
<td>8th – Two pairs&lt;br&gt;TASC – Three pairs</td>
<td>Hiking pants, leggings, or sweatpants (preferably non-cotton).</td>
</tr>
<tr>
<td>T-Shirts</td>
<td>8th – Two shirts&lt;br&gt;TASC – Four shirts</td>
<td>Non-cotton, wicking material.</td>
</tr>
<tr>
<td>Sandals</td>
<td>One pair</td>
<td>i.e. Chacos, Tevas, or Crocs. No flip flops!</td>
</tr>
<tr>
<td>Swimsuit</td>
<td>One</td>
<td>Suits that will stay secure.</td>
</tr>
</tbody>
</table>

#### Camping Gear

<table>
<thead>
<tr>
<th>Item</th>
<th>Amount</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hiking Poles</td>
<td>One Pair</td>
<td>Should fit to your camper's body by height, preferably adjustable</td>
</tr>
<tr>
<td>Mess Kit</td>
<td>One</td>
<td>Standard mess kit. Mug recommended.</td>
</tr>
<tr>
<td>Water bottles</td>
<td>Three liters water storage</td>
<td>Three liters of water storage required. Camelbaks recommended.</td>
</tr>
<tr>
<td>Headlamp</td>
<td>One</td>
<td>Bring extra batteries in Ziploc bag.</td>
</tr>
<tr>
<td>Sunscreen</td>
<td>A lot</td>
<td>Must be labeled with first AND last name.</td>
</tr>
<tr>
<td>Bug Spray</td>
<td>One</td>
<td>Must be labeled with first AND last name.</td>
</tr>
<tr>
<td>Whistle</td>
<td>One</td>
<td>Not built into backpack.</td>
</tr>
</tbody>
</table>
Teen Village Packing List
The best way to pack for Teen Village is to bring three bags: one backpacking pack, one daypack, and one small duffel bag. All clothing should be a synthetic polypropylene blend, wool or other wicking material. Cotton can lead to hypothermia, chafing, and mold!

<table>
<thead>
<tr>
<th>CRITICAL ITEMS</th>
<th>Amount</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Backpack Pack</td>
<td>One</td>
<td>Proper fitting, 55 liter pack.</td>
</tr>
<tr>
<td>Sleeping Bag</td>
<td>One</td>
<td>15-30°F range. Stores light and small.</td>
</tr>
<tr>
<td>Sleeping Pad</td>
<td>One</td>
<td>Foam or inflatable.</td>
</tr>
<tr>
<td>Hiking Boots</td>
<td>One pair</td>
<td>High-ankle, waterproof/Gore-Tex, comfortable, broken-in.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Clothing Items</th>
<th>Amount</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hiking Socks</td>
<td>Eight pairs</td>
<td>Wool or polypropylene blend, wicking material.</td>
</tr>
<tr>
<td>Underwear</td>
<td>12 pairs</td>
<td>Non-cotton material recommended.</td>
</tr>
<tr>
<td>Long Underwear</td>
<td>One set</td>
<td>Polypropylene, wicking material.</td>
</tr>
<tr>
<td>Warm Hat</td>
<td>One</td>
<td>Beanie that covers ears.</td>
</tr>
<tr>
<td>Brimmed Hat</td>
<td>One</td>
<td>Bucket or ball cap.</td>
</tr>
<tr>
<td>Gloves</td>
<td>One pair</td>
<td>Non-cotton.</td>
</tr>
<tr>
<td>Fleece</td>
<td>One</td>
<td>Warm, non-cotton, long sleeve.</td>
</tr>
<tr>
<td>Rain Jacket</td>
<td>One</td>
<td>Water repellent. NO PONCHOS.</td>
</tr>
<tr>
<td>Rain Pants</td>
<td>One</td>
<td>Water repellent.</td>
</tr>
<tr>
<td>Shorts</td>
<td>Six pairs</td>
<td>Non-cotton. Longer shorts required.</td>
</tr>
<tr>
<td>Pants</td>
<td>Four pairs</td>
<td>Hiking pants, leggings, or sweatpants (preferably non-cotton).</td>
</tr>
<tr>
<td>T-Shirts</td>
<td>Eight shirts</td>
<td>Non-cotton, wicking material.</td>
</tr>
<tr>
<td>Sandals</td>
<td>One pair</td>
<td>i.e. Chacos, Tevas, or Crocs. No flip flops!</td>
</tr>
<tr>
<td>Swimsuit</td>
<td>One</td>
<td>Suits that will stay secure.</td>
</tr>
</tbody>
</table>

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</tr>
<tr>
<td>Whistle</td>
<td>One</td>
<td>Not built into backpack.</td>
</tr>
<tr>
<td>Toiletries</td>
<td>One bag, small bottles</td>
<td>Compact bag to carry: Shampoo, body soap, toothbrush, toothpaste, brush/comb, deodorant.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>At Camp Items (While at Ranch Camp)</th>
<th>Amount</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shabbat Outfit</td>
<td>One-Two</td>
<td>Slightly nicer but still camp appropriate.</td>
</tr>
<tr>
<td>Pillow</td>
<td>One</td>
<td>Small.</td>
</tr>
<tr>
<td>Daypack</td>
<td>One</td>
<td>School backpack.</td>
</tr>
<tr>
<td>Duffel bag</td>
<td>One</td>
<td>Small sport/gym bag.</td>
</tr>
</tbody>
</table>

*Any items on "Optional" column in General Packing list.