

## FAMILY CAMP SAMPLE SCHEDULE!

### AT THE JCC RANCH CAMP

August 4-6, 2030

Friday, August 4<sup>th</sup>

3:00 pm – Buses Depart with RC campers and other campers get picked up. Staff meet to get assigned cleaning jobs.

3:30 – 5 p.m.

**Families arrive to Ranch Camp and are shown to their cabins**

- Check-in, get your information folders, make nametags, sign up for activities, and settle into your cabins.
- Camp staff will be available to give tours of camp at this time.
- Snacks available (all weekend long) in the Family Lounge (Staff Lounge)
- **Pool is open**

4:30 – 5:45 p.m.

**Shabbat prep/ Snack**

- Dress a little nicer ‘camp Shabbat style’
- Snacks available in IT lounge/ Family Lounge

5:45 – 6:15 p.m.

**Ice Breaker**

Location: Picnic area just outside of the Chad (dining hall)

6:15 – 7:15 p.m.

**Candle lighting and Dinner**

Location: The Chad

7:25 – 8 p.m.

**Camp Kabbalat Shabbat Services OR Tot Shabbat in the Mo (7:25 – 7:45)**

Location: Pavilion

8:30– 9:30 p.m.

**Families put children to bed**

**OR**

8:30 - 9 p.m.

**Bedtime Story in the Yurt**

- Location: Yurt
- Need to bring it down a notch? Cuddle up with your friends for a bedtime story with camp staff!

9 – 11 p.m.

**A camp counselor will be available to do an activity with the older children who are not ready to go to bed: arts and crafts, board games, basketball, or a dance party on the basketball court**

9 – 11 p.m.

**Evening mixer for adults**

Location: Moadon

- Babysitters are available:
  - Camp staff will supervise children in cabins, if adults wish to go to the evening mixers.
  - Need coverage? Please find Rachel or Gina to sign up for a Rover by 8 p.m. each evening
  - Camp staff will in cabins, if requested, in case a child wakes up-- and will walkie talkie parents if they are needed.
- Refreshments will be served, board games will be out, and we can hang out and get to know one another. Feel free to bring a bottle of wine or your favorite board game.

**Saturday, August 5<sup>th</sup>**

**All day: Snacks available in Staff lounge/ Family Lounge**

**7 – 8 am** Milk, Cereal and Fruit available in CHAD for early morning risers  
○ Arts and Crafts room open

**8 - 9 a.m.** **Drop-in breakfast** (milk, cereal, bowls, spoons, fresh fruit available prior to 8am in CHAD)

**9:15 a.m.** **Circle up by the flagpole**

**9:30 – 10:30 a.m.** **Services (2 Options!)**

**Hiking Shabbat Service with Camp Staff**

- Baby backpacks recommended ; water bottles; sunscreen; no strollers
- This is an easy hike with multiple stops through unpaved/uneven terrain. A truly beautiful way to start your Shabbat morning.

**OR Art Shabbat Project with Family Programs Staff in the Art**

**10:50 a.m.** **Circle up by the flagpole**

**11 am – 12:30 p.m.** **Activity #1 (see activity options)**

- Children's rodeo (ages 10 and under) – geared towards younger children. Children 7 and older will have an opportunity to ride independently within the ring with adult supervision
- Tie Dye (all ages)
- Pool

**12:45 – 2 p.m.** **Kiddush followed by lunch**  
Location: The Chad

**2 p.m.** **Circle up by the flagpole**

**2:15 – 5:15 p.m.** **Activity Group #2 (see activity options)**

- Hike to the Sand Caves (all ages)
- Adult trail ride #1 (2:15pm – 3:30pm) (ages 10 and over) AND Adult Trail Ride #2 (4:00pm – 5:15pm) Please wear long pants and closed toe shoes for horseback riding!
- Tie Dye (Behind South Village Bathroom)
- Pool (all ages, must be supervised by an adult)
- High ropes/ zipline (ages 7 and above)
- Teva Farm (Teva Farm Area)
- Arts and Crafts (in the Mo)
- Archery (Archery Range – see camp map)

**5:30 – 6:15 p.m.**      **Family time/ “Free time”:** Nap, wander, explore, snacks in IT lounge

**6:30 p.m.**

**Dinner**

Location: The Chad

Come dressed for evening weather (bring layers) as we will be going to Havdalah and the camp fire straight from dinner. Please also bring guitars and drums if you have them!

**7:30 p.m.**

**Havdalah and camp fire**

Location: Fire pit

- We will walk together from dinner if you are unsure of fire pit location. At the campfire, we will enjoy cookies and hot chocolate. Guests are encouraged to bring guitars and other instruments along and help lead a campfire song session!

**8:45 – 9:30 p.m.**

**Families put children to bed**

**9 – 11 p.m.**

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- Refreshments will be served, board games will be out, camp leadership will be on hand, and we can hang out and get to know one another. Feel free to bring a bottle of wine or your favorite board game.

Sunday, August 6<sup>th</sup>

*Please pack up and clean out cabins by 9:30 a.m.*

7 – 8 a.m.      milk, cereal, bowls, spoons, fresh fruit available prior to 8am in CHAD

8 – 9:20 a.m.   Drop-in breakfast and pack sack lunches, finish cleaning out cabins

9:30              Closing Circle at MO OR Participate in Stumpy's Stampede 5K/10K Trail Run and Walk!

9:45 – 12:15pm.

**Activity Group #3:**

- Family hike and light bouldering (all ages)
- Arts and Crafts
- Lower Ropes (all ages)
- Pool
- Teva Farm
- Horseback arena lesson (for children 7 and up)
  - *Please wear long pants and closed toe shoes for horseback riding!*

12:30 – 1 p.m.   Picnic Lunch and Final Good-byes

### Activity options explained

Please note that most of our planned activities are weather dependent. In the case of bad weather, which does not allow for the following outdoor activities to take place, we ask for your patience, cooperation, and understanding. We will have indoor elective activities offered as alternatives in the event that it storms during the weekend. There are no refunds offered for weather related alterations or cancellations in the planned activity schedule.

#### **Pool (all ages)**

Free swim offered. Parents must accompany small children. Children who are able to pass the Ranch Camp swim test may swim with a lifeguard on duty, without parental supervision.

#### **Archery (age 7 and above)**

We use bows that are suitable for camper-aged children and adults!

#### **Three horseback riding opportunities for children of all ages:**

- **Adult trail ride:** Older children and adults have an opportunity to take a trail ride on our 400-acre property. Rides are operated and led by our corral staff.
- **Children's Rodeo (children under 10)**  
On Shabbat morning, we hold our annual Family Camp Children's Rodeo. This is an opportunity for younger children to experience horses in a structured, fun setting. We will have games, pony rides, and independent riding for older children in our riding arena.
- **Horseback Arena Lesson (ages 7-10)**  
Children will have the opportunity to do a formal arena lesson, working on walking and basic riding skills in the corral.

**High Ropes course – Zip Line** (age 7 and above) Some activities might include the zip line only or the cat walk to the zip line, where the person must climb up a tall pole and walk across a log high above the ground to get to the zipline. All participants will have the option to skip the catwalk.

**Low Ropes (all ages)** Working with balance and creative problem solving on rope features on the ground

**Climbing Wall** (age 7 and above) *If your child is younger than 7 but can fit in one of the Ranch Camp climbing harnesses, they will get a chance to do this.* Generally, the harnesses are made for kids 7 and up. Adults can do this as well.

#### **Sports (all ages)**

Play basketball, soccer, and frisbee equipment on basketball court and fields

Activity: open all activity sessions and early morning Saturday

#### **Tie-dye** (all ages)

**Bring something with you to tie-dye:** a t-shirt, pajamas, bandana from home to tie-dye. A limited amount of Ranch Camp t-shirts will be available at camp this year.

**Arts and crafts** (all ages) Located in the Moadon. This room will be open to families most of the weekend and be led by camp staff.

#### **Family Hike** (all ages)

**Teva** (all ages) Experience the goats, and chickens and learn about the plants and garden at the JCC Ranch Camp

